

PSHE and RSHE Curriculum Map - 2021-22

	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
Year 7	<p>Firework safety</p> <p>Friends - What makes a good friend?</p> <p>Emotional literacy how to recognise emotions and feelings</p> <p>Restorative justice</p> <p>Green eyed monster Respecting differences</p>	<p>How can I keep healthy?</p> <p>How to keep safe online?</p> <p>What countries make up Britain and the British flag</p> <p>Bullying policy</p>	<p>Sustainable Resources</p> <p>Animal Care</p> <p>Child Sexual Exploitation</p>	<p>Puberty, growing up, body changes, hygiene</p>	<p>Mental health wheel.</p>	<p>Dental hygiene</p> <p>Sun safety</p> <p>Personal hygiene</p> <p>Emergency</p> <p>Cleaning up our air</p> <p>Belonging to a group</p>
Year 8	<p>How can I keep healthy?</p> <p>Eating responsibly</p> <p>How can we shop ethically?</p> <p>What are needs and wants?</p> <p>Keeping good friends and avoiding toxic ones.</p> <p>Family relationships What is anger and the effects on the body?</p>	<p>The dangers of cigarettes.</p> <p>How can we care for or environment and why is it changing?</p> <p>What is sustainability and why this is essential to our environment?</p> <p>How do we keep safe and have positive relationships on and off line.</p> <p>Peer Pressure.</p>	<p>Internet safety - the dangers of excessive screen time.</p> <p>Why do some people become homeless and why is it on the increase?</p> <p>Why do sexism, gender prejudice and stereotypes still exist?</p>	<p>Puberty, growing up, body changes, hygiene.</p> <p>Bullying policy</p> <p>What are domestic and abusive relationships?</p> <p>Healthy and unhealthy relationships?</p>	<p>What is mindfulness? How can this aid positive mental health?</p> <p>Human Rights</p> <p>How can we protect animal rights?</p> <p>Internet safety - What is online grooming and why must we be careful?</p>	<p>Why do we need sleep and how does sleep deprivation affect us?</p> <p>Benefits -who needs it and where does the money come from?</p> <p>Strong societies - nature and benefits of living in a society</p> <p>Taxes - why we pay taxes and what is the money used for?</p> <p>Good news day - kindness and generosity and respect. Link to tolerance and British Values</p>

<p>Year 9</p>	<p>What are drugs? Why are they dangerous?</p> <p>Healthy living - exercise and keeping active</p> <p>Not eating healthy - What are the consequences?</p> <p>Young carers</p> <p>Bullying or banter. Why do people bully others and how can we stop it?</p> <p>Discuss all types bullying School child friendly bullying policy.</p>	<p>Personal hygiene</p> <p>How can we enjoy social media but keep our accounts private?</p> <p>What is stereotyping and prejudice? Racism focus link with disability</p> <p>Treasured memories - understand feelings about death</p> <p>What is cyber bullying. Why do people bullying online?</p>	<p>Who are extremist groups and why are they so dangerous?</p> <p>Finance - What is income and expenditure? Finance - budgeting and saving.</p> <p>How do we keep safe and have positive relationships on and off line. On line grooming.</p>	<p>Programme over 6 weeks boys and girls split.</p> <p>What is puberty? What changes happen? Thoughts and feelings</p> <p>Differences between boys and girls?</p> <p>What is safe sex? What is contraception? Types of relationships? LGBT+</p> <p>What is sexuality? What is consent?</p>	<p>Sexting and the law</p> <p>How does knife crime impact on our communities. Why do teens get involved and what are the consequences?</p> <p>What are domestic and abusive relationships?</p> <p>Healthy and unhealthy relationships?</p>	<p>Internet safety</p> <p>Preventing spreading infection</p> <p>What is anti social behaviour and how does this affect communities?</p> <p>British Values - How does the criminal justice system work?</p> <p>Can we respect and celebrate British values and the religion and culture of our choice?</p>
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Health and wellbeing  
 Living in the wider world  
 Relationships (RSHE)

